



## Summer 2010 on the inside

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## Saturday, September 18 @ George Wyth State Park

9:00 a.m. Registration  
 9:30 a.m. Start  
 11:00 a.m. Awards

FREE Registration

Register @  
[www.episervice.org](http://www.episervice.org)  
 or with the form inside.

There are rewards for raising money!  
 Raise \$25 = Water Bottle  
 Raise \$100 = T-shirt  
 Raise \$1,000 = Sweatshirt

Registration due by 9/8/10 to be guaranteed prize.

Sign up for our eNewsletter at [www.episervice.org](http://www.episervice.org).

## EPI 5K Run, Walk and Roll Benefit

The fifth annual EPI 5K Run, Walk and Roll Benefit is fast approaching. We hope you'll make plans to join with us.

This is an event where persons of all gifts and abilities can participate and make a strong unified statement showing persons of all abilities have value and contribute in a positive way to our community.

There are a number of ways you can show your support.

1. **Register** to take part in running, walking or rolling on Saturday, September 18 at George Wyth State Park. You're also welcome to simply come out and support all of our participants by cheering them to the finish line.
2. **Make a one-time donation** (even if you can't make the event) to benefit persons living with disabilities - specifically to gain life experiences most important to them. Maybe it's getting a job in the community, making friends, being active in the

community and so much more

3. **Help us spread the word.** If you believe, like we do, all persons have value, tell your family, friends, co-workers, church community, neighbors - your whole social network - of the event you're proud to support and ask them to sponsor you in the 5K, support you by joining you or to help you spread the word.

A registration form can be found in this newsletter or you can register and raise money online at [www.episervice.org](http://www.episervice.org).

Registration is free and everyone is welcome to participate. If you're able to help us raise money, we'll award water bottles to those who raise at least \$25, t-shirts for \$100 raised and sweatshirts for \$1,000 raised to benefit EPI. Registration is due by 9/8/10 with your pledge goal in order to be guaranteed a prize. Thank you in advance for your support!

## EPI Board of Directors

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DR. SUSAN WURTZ  
UNI

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Correll, Sheerer, Benson,  
et.al., PLC



## Rent an EPI Bus for Your Special Event.

Buses are great for weddings, birthdays or just because. Call early, buses book fast.

It comes as a surprise to many....Yes, EPI can provide transportation for your special event.

EPI Community Bus Services are perfect for weddings, bachelor and bachelorette parties, birthday parties or just because you want to get a group together and take a trip.

Take your group, up to 40 adults, anywhere within the state of Iowa. Maybe you're planning a group trip to the

State Fair or to visit a casino. Put your trust in us to get your party safely there and back.

Buses are available for \$60 an hour (2 hour minimum) and come with a licensed, experienced bus driver. Wheelchair accessible buses are also available.

Buses are clean, meet all DOT requirements and are fully insured.

When you choose EPI Community Bus Services for your special event, you're also helping individuals with disabilities succeed.

Proceeds benefit EPI programs, such as: children's respite services, employment services, and CHOICE Day Habilitation Services.

Buses book fast, call early to save your date. For more information visit us online or give us a call.

## CHOICE Adult Day Habilitation Program Summer Happenings

Our CHOICE Adult Day Habilitation program has been busy giving back to the community and enjoying the summer.

June brought day trips to tour John Deere, the River Mill in Independence, a float down the Iowa River in Iowa Falls and a trip to the Buffalo Farm near Fredericka. We also enjoyed our annual swimming party at Gates Pool. Several persons observed the Black Hawk's Hockey team try-outs also in June.

Later this month, a miniature horse from Aspire is visiting the program. We are also

excited to have a local group called "Banish Misfortune" performing Celtic music for us this summer!

The CHOICE Program continues to look for opportunities to give back to the community. Currently groups are planning to use old belts to make decorative dog and cat collars to give to the Humane Society.

We are also collecting personal items such as travel size soaps, colognes, lotions, etc. to fill baskets to give to the local women's shelter.



## Recognizing the Staff of EPI

Pictured above is a group photo we took while getting ready for the My Waterloo Days Parade this year.

We often tell you about the wonderful persons we have the opportunity to serve, but the great appreciation the individuals we serve have for the phenomenal staff EPI employs is seldom mentioned.

Over 309 staff at EPI serve individuals with disabilities. And, staff are available whenever needed - that could be 24 hours a day, seven

days a week or on an hourly, as needed, basis.

Staff are compassionate, hard-working and genuinely care about the persons they serve. The relationships developed are typically long lasting, mutually beneficial and full of memorable experiences.

When asked what he thought of the staff person working with him, one gentleman replied, "She is nice and fun. When she is gone I miss her."

## Thank you Guernsey Charitable Foundation

In June we received a welcomed visit from two representatives of the Guernsey Charitable Foundation.

We had the pleasure of showing Helen Guernsey, Co-founder, and Soo Greiman, Executive Director, the activities taking place at our Deery Center daily.

During our visit we were awarded \$10,000 to support our Children's Respite Services program.

The Guernsey Charitable Foundation's mission is to work in partnership with others to improve the vitality of our community, addressing issues important now and in the future.

We sure see that mission at work through their support of our Children's Respite Services program.

Their generous support will provide respite - or a break - for the whole family allowing caregiver(s) to renew energy and nurture relationships while providing the child(ren)

opportunities to participate in community or peer-to-peer activities, access nutritional meals and build skills.

Their support will also allow this program to invest in equipment to further support children with Autism Spectrum Disorder.

Thank you Guernsey Charitable Foundation for investing in our children and families both for today and through the impact today has on their futures.

## Foundation Board of Directors

SUSAN FANGMAN - President  
US Bank

DONALD BERGAN - Vice President  
O&P One, Inc.

FRANK ESSER - Treasurer  
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LEE MILLER - Secretary  
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RUDY BERNHARD  
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CBE Group

GARY MATTSON  
Volunteer

CECILIA MUDD  
Volunteer

KATY WILLIAMS  
Volunteer

JOHN RATHJEN  
Liberty Bank

ALLEN RICKS  
Black Hawk County  
Extension

FLOYD G. WINTER  
Volunteer



## Where does the money raised go?

Funds raised from the 2009 Annual Appeal exceeded \$80,000 and benefit Children's, Employment and Multiple Sclerosis Services.

In this issue learn how your gift touches the lives of persons with Multiple Sclerosis.

Multiple Sclerosis (MS) touches not only the person with the disease but also those who love them.

Even with the newer medical developments MS still progresses creating ever-increasing medical costs, can end employment and creates a need for a growing number of community services.

For 30 years MS Services has provided counseling to help people facing stresses related to MS, education about the disease and treatment options and arranged additional services as needs arise.

With no government or insurance funding available, MS Services depends upon the generous contributions of the community to continue providing these valued services.

Dave (pictured above) is an example of the hundreds of

individuals who have benefited from MS Services.

Dave was a high school standout and earned a degree in journalism. Despite odd episodes of weakness, problems walking and frequent trips to the restroom (which were later diagnosed as MS) Dave went on to graduate from law school.

Due to the rapid symptom progression of his MS, Dave was not able to practice law as he had hoped. His marriage ultimately fell apart.

Feeling humiliated, Dave moved back to his hometown the proverbial "Angry Young Man".

He heard about a program then known as the Area VII Multiple Sclerosis Service League, now MS Services, where he found camaraderie at support group meetings and

sought individual counseling with his MS social worker.

Together they arranged in-home healthcare and other agency services. And through the years, his MS social worker was there every step of the way.

Years later Dave died in a nursing home, surrounded by his family, nursing home staff, and his MS social worker feeling loved and at peace.

To this day, Dave's Mom wonders how they would have gotten through that difficult time if not for what she called "the trinity" - Dave's family, his MS social worker and the MS Services program.

Thank you for making services like this possible with your contributions.

## Finger Print Clinics Offered for Child Care Providers

In June our Child Care Resource & Referral (CCR&R) of Northeast Iowa program offered its first finger printing clinic to child care providers. Eighty-four providers attended the clinic held at the Cedar Falls Police station. Finger printing is a new requirement as of June 1, 2010 that child care providers must be finger printed when they renew for their license.

## Get Your RAGBRAI T-shirt Here!

RAGBRAI is coming through Waterloo on Thursday, July 29. Purchase your Waterloo RAGBRAI t-shirt with us to mark this occasion. When you do, part of the t-shirt proceeds will go to the Exceptional Person Foundation, which benefits EPI services.

Shirts are available for \$15.00 and can be purchased on our website with your credit card or by mail. Hurry, Orders (along with payment) must be received by Friday, July 23. Check out [www.waterlooragbrai.com](http://www.waterlooragbrai.com) to see the special offers available to RAGBRAI T-shirt wearers!



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## Our Mission

Exceptional Persons, Inc. (EPI) makes a positive difference for people living with disabilities, enhances community child care and strengthens families.

## EPI's Wish List

- Exercise DVDs
- Karaoke CDs (Party Time Karaoke, Country Classics, etc)
- Car models (simple to somewhat difficult)
- Fabric rockers/gliding chairs
- Large sun catchers
- Jewelry beads and supplies
- Live plants
- Window air conditioner
- Floor scooters
- Signing Time with Alex & Leah DVDs
- Outdoor bubble machine

Visit us at [www.episervice.org](http://www.episervice.org) to see our complete wish list. Bring donated items to our central office at 760 Ansborough Avenue in Waterloo. Gift-in-kind donation form/receipt can be found online and at the central office.

## Mark Your Calendars

### Registration is now open for the 5<sup>th</sup> Annual 5K Run, Walk & Roll

Saturday, September 18 at George Wyth State Park. Visit us online or give us a call to get registered.

## Online Donations Now Accepted

To make a donation to Exceptional Persons Foundation anytime with your credit card, simply visit [www.episervice.org](http://www.episervice.org) and click on 'Donate Now'. We appreciate your support!

(319) 232-6671 | [www.episervice.org](http://www.episervice.org)



760 Ansborough Ave  
PO Box 4090  
Waterloo, IA 50704-4090

CHANGE SERVICE REQUESTED

Exceptional Persons, Inc.



# 5K Run, Walk & Roll



**Saturday,**  
**SEPTEMBER 18 • George Wyth State Park**

Registration 9:00 am • Start 9:30 am • Awards 11:00 am

**FREE** Registration • Everyone **WELCOME**

Registration forms → [www.episervice.org](http://www.episervice.org) or (319) 232-6671

## Rewards for Raising Money!

Registrations due by 9/8/10 to receive reward

\$25+ in pledges = Water Bottle

\$100+ in pledges = T-shirt

\$1,000+ in pledges = Sweatshirt



# Registration Form Free Registration

Name: \_\_\_\_\_  
(One name per registration)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Photography:** Photos will be taken on the day of the event to be posted on our website and used in future promotions. If you do NOT wish to be photographed, please indicate by placing and X in the following box

**Rewards for raising money!** Please select **ONE** of the following as your event gift (registration form must be received by **9/8/10** to be guaranteed a gift):

- I plan to raise at least \$25 to benefit persons served by EPI. Please order me an event water bottle.
- I plan to raise at least \$100 to benefit persons served by EPI. Please order me an event t-shirt.  
 T-shirt size:  
 Small       Large       XXL  
 Medium       XL       3XL
- I plan to raise at least \$1,000 to benefit persons served by EPI. Please order me an event sweatshirt.  
 Sweatshirt size:  
 Small       Large       XXL  
 Medium       XL       3XL
- I do not wish to receive a reward.



**Saturday, SEPTEMBER 18 • George Wyth State Park**  
 Registration 9:00 am • Start 9:30 am • Awards 11:00 am

\*Emergency Contact: \_\_\_\_\_

\*Contact Telephone #: \_\_\_\_\_

\*Relationship: \_\_\_\_\_

(\*Required Information)

**Event Waiver:** In signing this release, I acknowledge that I understand the intent thereof, and I hereby agree and absolve and hold blameless the Exceptional Persons Foundation, Exceptional Persons, Inc., business sponsors, co-operating organizations, and any other parties connected with this event in any way, singly or collectively, from and against blame and liability for any injury, misadventure, harm, loss, inconvenience, or damage hereby suffered or sustained as a result of participation in Walk, Run and Roll or any other activities associated therewith. I hereby consent to and permit emergency treatment in the event of injury or illness.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Mail registration form to:** Exceptional Persons Foundation, PO Box 4090, Waterloo, IA 50704-4090

## Pledge Form Participant's Name: \_\_\_\_\_

Please PRINT clearly. All donations are tax deductible. Attach additional sheets if necessary. Make checks payable to *Exceptional Persons Foundation*. Please bring this sheet and all donations to the event on **September 18, 2010**. If all of your donations were done online by credit card, you do not need to bring anything with you.

Sponsor Name	Sponsor's Address	Phone	Cash/Check #	Total Pledge
<i>Example: Jane Doe</i>	<i>1234 Anywhere, Waterloo, IA 50701</i>	<i>555-5555</i>	<i>Cash</i>	<i>\$20.00</i>
			<b>Total Raised</b>	<b>\$</b>